

Referral List for Steps to Health Participating Providers:

(As of August 18, 2009. For more recent updates, please check www.stoneturtlehealth.com website or call 206-355-4309/ email: info@stoneturtlehealth.com)

Naturopathic Physicians

Dr. Katie Baker, ND/LMP (program administrator/family practitioner)
Stone Turtle Health, LLC
6204B 8th Ave NW, Seattle, WA 98107
206.355.4309/www.stoneturtlehealth.com

Also seeing patients at Stadelman Chiropractic and Wellness Center
10822 NE 2nd Pl, Bellevue, WA 98004
Phone: 425.453.0222/Fax 425.453.0224/ www.drstadelman.com

Dr. Jennifer White, ND
Specializing in Family Medicine and Homeopathy
5100 South Dawson St. Suite 105, Seattle, WA 98118
Phone: (206) 721-5121/Fax: (206) 721-5036/www.drjenniferwhite.com

Acupuncturists

Dena A. Larsen L.Ac., LMP
1904 3rd Ave. Ste. 800, Seattle, WA 98101
206-290-5609/www.seattle-acupuncture.com

Amy Hinchcliffe, LAc
14803 15th Ave NE Suite 107, Shoreline, WA 98155
206-661-6842

Brett Lewis, MS Acu, LAc
Better Acupuncture
425-327-2703/ www.betteracupuncture.com

Timothy Knight, Lac,CN
Summit Acupuncture & Nutrition
121 N. 85th St, Seattle, WA 98103
206.356.1471/ email: tim.acupunc@gmail.com

Doraine Raichart, LAc, LMP
Choices for Wellness Acupuncture, Herbs & Bodywork
12702 NE Hollyhills Dr. Bothell, WA 98011
(425) 354-4470/ <http://www.acufinder.com/Acupuncturist/126952>

Massage Therapists

Melissa Herbst, LMP
6204B 8th Ave NW, Seattle, WA 98107
206.455.5194/ email: melissajherbst@clearwire.net

Sandy Matthews, LMP
6204B 8th Ave NW, Seattle, WA 98107
206-992-9139/ www.BlueGEckoMassage.com /email: sandymatthewslmp@yahoo.com

Nikki Nichols, LMP, RN, BSN
Metamorphic Massage
Seattle, WA
206-499-4281/ www.metamorphicmassage.biz /email: nikki@metamorphicmassage.biz

Kim Foster, LMP
Intention Healing
206.353-6841/ www.intentionhealing.com /email: kimberly.foster@bastyr.edu

Chiropractors

Dr. Michael Carvalho, DC
Van Quaethem Chiropractic
2914 East Madison St, #1 Seattle, WA 98112
206.726.9595/ www.vqchiropractic.com

Dr. Peter Stadelman, DC
Stadelman Chiropractic and Wellness Center
10822 NE 2nd Pl, Bellevue, WA 98004
Phone: 425.453.0222/Fax 425.453.0224/ www.drstadelman.com

Family Counselors

Amanda Faasse, MS
6204B 8th Ave NW, Seattle, WA 98107
206.369.0039

Robin Cameron, MS
6204B 8th Ave NW, Seattle, WA 98107
206-417-9055

Nutritionists

Hillary Sheldon
Le Chemin Coaching
6204B 8th Ave NW, Seattle, WA 98107
262.203.2540/ www.hillarysheldon.com /email: coach@hillarysheldon.com

Shana Goldman
2366 Eastlake Avenue East, #234 Seattle, WA. 98102
206-898-9369 P/ 206-428-7108 F
shana@nutrition-sense.com/ www.nutrition-sense.com

Personal Trainers

Heather Roberts , CPT
F/X Training
1822 N. 50th St. Seattle, WA 98103
206.276.0734/ heather@trainforeffect.com / www.trainforeffect.com

Jennifer Malocha, CPT
Wuhoo Fitness
13632 NE 42nd St. Bellevue, WA 98005
206.601.2485/ Jennifer@wuhoofitness.com / www.wuhoofitness.com

Personal Chef

Karen Rosenzweig
The Incredible Chef
206.419.8407; Karen@incrediblechef.com